

Hongtao Yin

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Education

Harvard University

Aug. 2026 - May 2027

Ed.M. Candidate in Human Development and Education

University College London

Sep. 2023 - June 2026

BSc (Hons) in Psychology with Education, First-Class Honours

Research Projects

Educational Humiliation, Rumination, and Anhedonia: A Retrospective Study Among Young Adults Recalling

Secondary Education Experience

Sep. 2025 - May 2026

Supervisor: Dr. Marta Francesconi, University College London

Retrospective study design; reviewed literature on educational humiliation; designed questionnaire with Qualtrics; collected online survey data; conducted regression-based analysis in R; wrote an APA-style empirical dissertation

Contextual Dysregulation in Bipolar vs. Unipolar Depression: An Ecological Momentary Assessment

Aug. 2025 – May 2026

Supervisor: Dr. Heidi Ka Ying Lo, University of Hong Kong; Dr. Ken Ting Kin Ng, Lingnan University

Developed dummy coding schemes for EMA variables; linear mixed-effects analyses (lme4) in R; figure generation with ggplot in R; manuscript writing (Results, Methods, Tables); drafted a rebuttal letter for the manuscript

Momentary Rumination and Suicidal Ideation: A Secondary Analysis of an Ecological Momentary Intervention

Study

June 2025 - Aug 2025

Supervisor: Dr. Heidi Ka Ying Lo, University of Hong Kong

Cleaned and organized longitudinal data; conducted linear mixed-effects analyses (lme4, robustlmm) in R; generated graphs with ggplot in R; designed academic presentation materials; presented project findings in an academic setting

The Lower Secondary Education Policies in China of the 21st Century: The “Double Reduction” and Vocational General Streaming (GVS) Policy

Jul. 2024 - Aug. 2024

Supervisor: Dr Liam Francis Gearon, University of Oxford

Developed the project into a sole-authored peer-reviewed publication; reviewed literature on contemporary Chinese secondary education; synthesized peer-reviewed resources; manuscript writing; engaged in academic presentation

Influence of Modernity on Juvenile Delinquency

Nov. 2021 - Jun. 2022

Supervisor: Dr Patrick Baert, University of Cambridge

Conducted a literature review on sociology and psychology on juvenile delinquency; engaged in group collaboration; manuscript writing

Experience

The University of Hong Kong, Li Ka Shing Faculty of Medicine

Jun. 2025 - Present

Visiting Researcher/Research Intern (Dr. Heidi Ka Ying Lo)

Conducted secondary interim analysis based on an existing clinical dataset; worked closely with the supervisor and engaged in weekly meetings

University College London, Institute of Education

Jan. 2025 - May 2025

Research Assistant (Dr. Juhayna Taha)

Online data collection and survey distribution

The Second Affiliated Hospital, Zhejiang University School of Medicine	Jul. 2024 - Aug. 2024
Psychological Well-being Intern (Dr. Zhen Lin)	
<i>Assisted with psychological assessments (PANSS, HARS, HDRS, MOCA); observed and assisted in supervised psychotherapy for Anxiety, Depression, Post-Traumatic Stress Disorder, Social Anxiety Disorder, etc.</i>	
Hangzhou New Channel School	Jul. 2023 - Aug. 2023
English Teaching Assistant	
<i>Managed students' learning progress; provided tailored after-school support sessions; supported student study plans in International A Level, GCSE and IELTS</i>	

Publications

Yin, H. (2025). The lower secondary education policies in China of the 21st century: The “double reduction” and vocational general streaming (GVS) policy. *Arts, Culture and Language, 1*(3).
<https://doi.org/10.61173/4bfjxk21>

He, E., **Yin, H.**, & Zhou, X. (2022). The influence of modernity on juvenile delinquency (pp. 270–274). *Advances in Social Science, Education and Humanities Research*. <https://doi.org/10.2991/assehr.k.220504.050>

Wu, Y., Lu, R., **Yin, H.**, Peng, D., Pan, R., & Lv, L. (2025). Mesenchymal stem cell treatment for peripheral nerve injuries. *Journal of Cellular Physiology, 240*(4). <https://doi.org/10.1002/jcp.70031>

Manuscripts Under Review

Lo, H. K. Y., **Yin, H. H.**, Ng, T. K., Jin, J. X. H., Tsui, I. W. T., Ho, F. Y. Y., Poon, C. Y., Lee, C. T., Yeung, W. F., Myin-Germeys, I., Chung, K. F., & McIntyre, R. S. (under review). Contextual dysregulation in bipolar vs. unipolar depression: An ecological momentary assessment.

Service and Teaching Activities

Undergraduate Student Representative, University College London	Oct. 2025 - June 2026
Student representative of the Department of Psychology and Human Development, IOE	
Teaching Assistant, University College London	Sep. 2024 - Mar. 2026
Psychology: The Science of Behaviour 1 (2024)	
Psychology: The Science of Behaviour 2 (2024)	
Personality and Individual Differences (2026)	

Skills

Language	Mandarin Chinese (native); English (fluent); Wu Chinese (fluent)
Research and Technical Skills	R (lme4, standard and robust linear mixed-effects analysis, piecewise analysis, simple & multiple linear regression, principal component analysis, longitudinal data cleaning & visualization); Qualtrics (survey design & data export); literature review, APA-style report writing